

# Packed Lunch Menu

Perfect for a picnic onsite or to take with you on an adventure exploring the Peggy's Cove area and beyond!

## The Full Basket - \$20 per person

Choice of any sandwich:

Roast Beef, Onion Jam, Horseradish Aioli, Cheddar  
Smoked Turkey, Sun Dried Tomato Aioli, Fresh Basil, Provolone  
Roast Chicken, Dijon Aioli, Apple, Brie  
Marinated Roasted Vegetables, Herb Goat Cheese **Ve Optional**  
Egg Salad, Chopped Gherkins, Smoked Paprika, Crumbled Bacon **V Optional**  
Ham, Swiss, Dijon Aioli  
Classic BLT  
Genoa Salami, Provolone, Tomato, Mayo, Mustard

PLUS:

Chef's Daily Fresh Baked Cookie  
Bottled Water  
Granola Bar  
Crisp Apple

Choice of salad:

Moroccan Couscous with Warm Spices, Candied Fruit and Fresh Herbs **Ve**  
Caesar with Homemade Dressing, Olive Oil Croutons, Crispy Smoked Bacon **V Optional**  
Italian 5 Bean with Fresh Herbs, Diced Sweet Onion and Pepper in a Honey Balsamic Dressing **Ve GF**  
Oceanstone Garden Salad; Baby Field Greens, House Pickled Onions, Beets, Goat Cheese, Spiced Pecans and our Bulwark Cider Vinaigrette **V GF**

## A la Carte Options

**All sandwiches are available with GF bread upon request**

### Sandwiches - \$9

Roast Beef, Onion Jam, Horseradish Aioli, Cheddar and Baby Greens  
Smoked Turkey, Sun Dried Tomato Aioli, Fresh Basil, Provolone and Baby Greens  
Roast Chicken, Dijon Aioli, Apple and Brie  
Marinated Roasted Vegetable Wrap with Zucchini, Bell Peppers, Eggplant, Baby Spinach and Herb Goat Cheese **V**  
Egg Salad with Chopped Gherkins, Smoked Paprika, Crumbled Bacon and Romaine **V Optional**  
Ham, Swiss, Dijon Aioli and Romaine  
Classic BLT  
Genoa Salami, Provolone, Tomato, Mayo, Mustard and Chopped Olive  
Ruben; Smoked Meat, Sauerkraut, Swiss with Russian Dressing  
Chicken Salad Wrap with Lemon, Dill, Dijon, Sun Dried Tomato, Celery, Onion and Mayo  
Spiced Black Bean Wrap with Tomato, Coriander, Baby Greens, Cumin and an Olive Oil Herb Vinaigrette **Ve**

### Salads - \$8

Moroccan Couscous **Ve**  
Housemade Caesar **V Optional**  
Italian 5 Bean **Ve**  
Oceanstone Garden Salad **V GF**  
Roman Chickpea Salad with Romaine, Tomato and Pecorino Cheese tossed in a Red Wine Vinaigrette **V GF**  
Mediterranean Quinoa Salad with Cucumbers, Sweet Onion, Tomato, Green Onion, Kalamata Olives, Feta Cheese and a Fresh Basil & Lemon Vinaigrette **V GF**  
Pesto Pasta Salad with Sundried Tomatoes, Roasted Red Peppers, Baby Spinach and Parmigiana **V**

### Power Smoothies - \$7

#### Green Machine

A powerful blend of fresh greens, juiced berries, cucumber, apple and celery **Ve GF**

#### PBJ

Peanut butter, banana, blueberries, almond milk **Ve GF**

#### Rise & Shine

A shot of espresso, ice, almond milk, almond butter, honey, chocolate **Ve**

*All prices are subject to 15% HST*