

Packed Lunch Menu



Perfect for a picnic onsite or to take with you on an adventure exploring the Peggy's Cove area and beyond!

24 HOUR NOTICE REQUIRED FOR ALL ORDERS UNLESS NOTED

Please let us know about any allergies or dietary concerns when ordering

V - Vegetarian **Ve** - Vegan **GF** - Gluten Free

The Full Basket - \$23 per person

Includes choice of salad & sandwich plus a fresh baked cookie, granola bar, crisp apple, and bottle of water

Sandwiches:

- Roast Beef, Onion Jam, Horseradish Aioli, Cheddar
- Smoked Turkey, Sun Dried Tomato Aioli, Fresh Basil, Provolone
- Roast Chicken, Dijon Aioli, Apple, Brie
- Marinated Roasted Vegetables, Herb Goat Cheese **Ve Optional**
- Egg Salad, Chopped Gherkins, Smoked Paprika, Crumbled Bacon **V Optional**
- Ham, Swiss, Dijon Aioli
- Classic BLT
- Genoa Salami, Provolone, Tomato, Mayo, Mustard

Salads:

- Moroccan Couscous with Warm Spices, Candied Fruit and Fresh Herbs **Ve**
- Caesar with Homemade Dressing, Olive Oil Croutons, Crispy Smoked Bacon **V Optional**
- Italian 5 Bean with Herbs, Diced Sweet Onion and Pepper in a Honey Balsamic Dressing **Ve GF**
- Oceanstone Garden Salad; Baby Field Greens, House Pickled Onions, Beets, Goat Cheese, Spiced Pecans and our Bulwark Cider Vinaigrette **Ve G**

A la Carte Options

All sandwiches are available with **GF** bread upon request

Sandwiches - \$10

- Roast Beef, Onion Jam, Horseradish Aioli, Cheddar and Baby Greens
- Smoked Turkey, Sun Dried Tomato Aioli, Fresh Basil, Provolone and Baby Greens
- Roast Chicken, Dijon Aioli, Apple and Brie
- Marinated Roasted Vegetable Wrap with Zucchini, Bell Peppers, Eggplant, Baby Spinach and Herb Goat Cheese **V**
- Egg Salad with Chopped Gherkins, Smoked Paprika, Crumbled Bacon and Romaine **V Optional**
- Ham, Swiss, Dijon Aioli and Romaine
- Classic BLT
- Genoa Salami, Provolone, Tomato, Mayo, Mustard and Chopped Olive
- Ruben; Smoked Meat, Sauerkraut, Swiss with Russian Dressing
- Chicken Salad Wrap with Lemon, Dill, Dijon, Sun Dried Tomato, Celery, Onion and Mayo
- Spiced Black Bean Wrap with Tomato, Coriander, Baby Greens, Cumin and an Olive Oil Herb Vinaigrette **Ve**

Salads - \$10

- Moroccan Couscous **Ve**
- Housemade Caesar **V Optional**
- Italian 5 Bean **Ve**
- Oceanstone Garden Salad **V GF**
- Chickpea Salad with Romaine, Tomato and Pecorino Cheese with a Red Wine Vinaigrette **V GF**
- Mediterranean Quinoa Salad with Cucumbers, Sweet Onion, Tomato, Green Onion, Kalamata Olives, Feta Cheese and a Fresh Basil & Lemon Vinaigrette **V GF**
- Pesto Pasta Salad with Sundried Tomatoes, Roasted Red Peppers, Baby Spinach and Parmigiana **V**

Power Smoothies - \$7

- Green Machine**
Fresh greens, juiced berries, cucumber, apple and celery
Ve GF
- PB&J**
Peanut butter, banana, blueberries and almond milk **Ve GF**
- Rise & Shine**
A shot of espresso, ice, almond milk, almond butter, honey, and chocolate **V**

All prices subject to 15% HST